SOUTHSIDE FAMILY NURTURING CENTER

ANNUAL REPORT
2017-2018
FROM THE EXECUTIVE DIRECTOR

Dear Friends,

Thank you for your support of Southside Family Nurturing Center. Your commitment and contributions help nurture children, build on family strengths, and break cycles of intergenerational trauma.

We know that the brain is the most impressionable in infancy and early childhood, and what a damaging impact trauma can have on early brain development and life trajectories. It is also the time when children’s brains are most open to learning, nurturing influences and change. This is one of the very reasons our early childhood therapeutic education and home visiting program is making a remarkable difference in the lives of the children and families. Year-after-year our outcomes show that children are healthy, ready for school, and living in safer and more nurturing home environments. Thank you.

On the eve of our 45th anniversary, we rolled out a new logo that reflects the dual-generation, intertwined relationships between children and their families. Spirals are suggestive of early brain development, a person’s life path, and essential nurturing adult-child relationships. We’ve anchored the new logo in calm hues to reflect our trauma-informed practices. We hope you like it.

Kindest Regards,

Julie Ellefson, Executive Director
SERVICES

THERAPEUTIC EARLY CHILDHOOD EDUCATION

Children develop healthy social-emotional, physical, and cognitive skills – all related to Kindergarten readiness and successful educational and social outcomes.

• Trauma-informed program model
• Emphasis on safety and relationship building
• Intensive therapeutic programming
• On-site play, music, occupational, and speech therapy
• Multicultural environment celebrating diversity
• Dual language learning
• Low teacher-child ratios (never more than 1:4)
• Highly qualified early childhood educators
• Evidence-based, social emotional development focused curriculum (HighScope)
• Multicultural, anti-bias curriculum (AMAZE)
• Continuous developmental assessments and goal planning
• Four-star Parent Aware Rating & NAEYC Accredited

FAMILY SUPPORT AND HOME VISITING

Southside Family Nurturing Center pioneered dual-generation, holistic family services.

• Bi-weekly home visiting
• Family strengths-based model
• Self-directed goal planning
• Parenting skills development
• Parent engagement in the classroom
• Family events: shared meals and activities strengthen parent/child attachment
• Partnering with parents through support and advocacy
• Crisis intervention
• Licensed adult mental health therapy

Therapeutic early childhood education

Family support and home visiting
ABOUT OUR FAMILIES

IN 2018, WE SERVED 179 FAMILY MEMBERS.

Parents partner to help themselves.

- Become less isolated
- Strengthen positive parenting techniques
- Maintain healthy parent-child interactions
- Increase self-sufficiency for themselves and their families
- Find and use community information and resources to support themselves and their children

Parents partner to help their child.

- Develop trust
- Establish healthy relationships with adults and other children
- Foster a sense of self-worth and community
- Build skills to self-manage emotions
- Develop social and emotional skills for success in school and in life
2018 OUTCOMES

CHILDREN ARE HEALTHY.

• 88% of children are up to date with immunizations
• 100% of children completed annual well child checkups
• 100% of children engage in regular tooth brushing
• 100% of children consume a nutritious breakfast and/or lunch Monday – Friday
• 100% of children explore the world of food cultivation

CHILDREN ARE READY FOR SCHOOL.

• 81% attendance Rate over 12 months
• 93% show progress in all areas of development
• 93% who were not age appropriate received early individual therapeutic intervention: speech, OT, play, or music therapy
• 97% maintained or improved their social/emotional functioning (ASQ-SE)
• 60% of children demonstrated more than 6 months developmental progress when evaluated over a six-month period

CHILDREN LIVE IN SAFE, STABLE AND NURTURING ENVIRONMENTS.

• 74% of families demonstrate positive, responsive parenting techniques
• 91% of families consistently promote their child’s language development
• 85% of families access community resources and referrals
• 88% of parent households actively participated in regular home visiting for an average home visiting and family event engagement of 4.5 hours/month
HIGHLIGHTS

2017

• Prioritized the integration of the AMAZE Anti-Bias/Anti-Discrimination Curriculum into all SSFNC classrooms with the leadership appointment of May Louise Shea as champion of the initiative.

• Diversified funding including securing one new major donor with a sustaining 3 year renewing commitment.

• Established mutually beneficial partnerships with LifeTrack, Caperneum Pediatric Therapies, and MACC Metropolitan Alliance for Connected Communities for reflective practice, deeper therapeutic impact, and efficiencies.

• Successful 2nd Annual Surly Event cultivated many new SSFNC Friends, and raised over 25K.

2018

• Celebrated Harvey Winje and Susan Gust’s well-deserved retirement from Facilities Management at SSFNC after over 40 years of dedicated service to our mission.

• Submitted two requests to the Minnesota Department of Health for Family Spirit Home Visiting Program funding. Consequently in 2019, SSFNC was awarded one, 3-year MDH Evidence Based Home Visiting Grant

• Launched SSFNC’s new logo and marketing campaign in partnership with Olio designer, Danielle Tornquist. Our logo speaks to the impact of safe and nurturing child/adult relationships in children’s early brain development, and their essential contribution to lifetime health and education outcomes.

• Successful 3rd Annual Surly Brewing Event cultivated many new Friends and raised over $25K

• SSFNC adopted an equity and inclusion policy to guide our work and the majority of staff roles are filled by diverse individuals reflective of the communities served in our program. Read our policy on the next page.
“Together with families and our community we nurture children, build on family strengths and find alternatives to violence.” At Southside Family Nurturing Center, we envision health and education equity for children and families of color, living in poverty and at risk for abuse and neglect.

We:
- invite and celebrate racial and cultural differences present in our community under one roof,
- nurture and honor each person’s self-identity and self determination
- reject bias and discrimination,
- engage the community we serve to shape and inform change
- invest limited resources in the future of families with highest need
- and, believe that with early intervention and a community of political will, we can eliminate health and education disparities in Minnesota.

Our strategic path toward equity will specifically promote and direct both public and private investments and initiatives, to children and families experiencing the highest disparities in health and education outcomes by race and income in Minnesota.

We achieve equity by delivering a culturally relevant, holistic, dual-generation model, combining targeted home visiting and therapeutic early childhood education.

We seek “equity” and we value “equity”. Southside Family Nurturing Center seeks to reflect our value in all aspects of service delivery, programming, employment, organization leadership, curriculum, and community collaborations.
# Financials

## Revenue & Expenses

<table>
<thead>
<tr>
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<th>2017</th>
<th>2018</th>
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<tbody>
<tr>
<td>United Way &amp; Women United</td>
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<td>Corporations &amp; Foundations</td>
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<td>Individuals &amp; Events</td>
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<td>Scholarships &amp; Program Fees</td>
<td>$103,397</td>
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<td>Other*</td>
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<td>Fundraising</td>
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<td><strong>Total</strong></td>
<td><strong>$975,189</strong></td>
<td><strong>$1,014,658</strong></td>
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*Church groups, in-kind, rental income and misc.*
When parents receive the support they need, they nurture, safe and strong futures for themselves and their children.

# Assets & Liabilities

<table>
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<tr>
<th></th>
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<tbody>
<tr>
<td><strong>Assets</strong></td>
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<tr>
<td>Cash</td>
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<td>Pledges &amp; Receivables</td>
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<td>Prepaid Expenses</td>
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<td><strong>Total</strong></td>
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<td><strong>Liabilities</strong></td>
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<td>Accounts Payable</td>
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<td>$377,655</td>
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<td><strong>Total Net Assets &amp; Liabilities</strong></td>
<td>$2,152,932</td>
<td>$1,855,833</td>
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Jennifer Bridges, Program Director
Diane Cullumber, Development
Laura Beth Landy, Finance

BEING CULTURALLY RESPONSIVE

Sam was referred for speech therapy by his teacher. When the home visitor brought the referral to the Sam’s family initially, they did not want him to receive the service. They felt that the teachers were saying that Sam couldn’t learn and that the way he had been communicating was incorrect. The home visitor talked to elders in the community before approaching his parents again. This time, the home visitor was able to share information about speech development in the context of their culture and highlight the child’s strengths. This made the family feel comfortable with the referral. They said they felt like they were included in the conversation about their son’s needs and appreciated the culturally specific information that painted a more accurate picture of their child.
FEATURED VOLUNTEER & DONOR: JIM MCCORMACK

Supporting Southside is a Family tradition for Jim McCormack’s family. His mother-in-law, Agnes Regan, was a long time volunteer and donor and when she passed away his wife and daughters continued their financial support. Jim, also volunteers weekly and says, “I am impressed with the work being done and the caring, loving staff I see in action. I love working with the little ones and playing a role in their development. I continue because being a “grandfather” figure for them is personally very rewarding.” Jim has been so taken with Southside and the children that he's enrolled in child development classes at the University of Minnesota in order to better serve the children.

THANK YOU TO OUR 2017 & 2018 SOUTHSIDERS!

Your monthly gifts sustain our work throughout the year.

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Won and Kathy Yoon

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**Tributes and Memorials**

Alvin Landy Trust, In honor of Laura Beth Landy
Mary Anderson, In memory of Alice Parsons
Paul and Janet Barrett, In memory of Jeannette Vecoli
Joyce Bennett, In memory of Alice Parsons
Boyd and Karen Blomberg, In memory of Alice Parsons
Jane Boubelik, In memory of Alice Parsons
Richard and Mary Brainerd, In memory of Alice Parsons
Brenda and Gary Reinholdt, In honor of Sandra Fuller-Thielen
Sara DeKok, In honor of Michelle Thompson
Michele and Gary Durand, In memory of Alice Parsons
David and Lucille Edlund, In memory of Alice Parsons
David Ellefson, In memory of Robert Starr
Julie Ellefson, In memory of Robert Starr
Julie Ellefson, In memory of: Ruth Foster, Susan Wood and Claudia Horick
Randeen Ellefson, In honor of Kristin Hafermann

Jan and Marty Engel, In memory of Alice Parsons
Priscilla and Henry Fiola, In memory of Alice Parsons
Robert and Kathy Gustafson, In memory of Alice Parsons
Beth Hall, In memory of Alice Parsons
Joel Henderson and Jane Coleman, In memory of Alice Parsons
Penny and Bill Homeyer, In memory of Alice Parsons
Dawn and Kurt Kalland, In memory of Alice Parsons
Susan Kelly, In memory of Alice Parsons
Roger and Jean King, In memory of Alice Parsons
Linda M. Kornula, In memory of Alice Parsons
Al and Ruthanne Lapinsky, In memory of Joe Contardo & In honor of Judie Mattison’s New Book
Al and Ruthanne Lapinsky, In memory of Dal Johnson and Catherine Abbott’s Grandson
Judith Mattison, In memory of Phyllis Baumer
Alvin Landy Trust, In honor of Laura Beth Landy
Judith Mattison, In memory of Shirley Ann Nosker
Judith Mattison, In memory of Mary Mattison Serrill
Judith Mattison, In memory of Ellen Serrill Mann
Judith Mattison, In memory of Judith Libbey Ekstrom
Judith Mattison, In memory of Alice Parsons
Aine McCormack, In memory of Agnes Regan
Eileen and Jim McCormack, In memory of Agnes Regan
Jennifer and Matthew McCormack, In memory of Agnes Regan
Regan McCormack, In memory of Agnes Regan
Paul Medin, In memory of Alice Parsons
Cheryl Mutschler, In memory of Faye and John Mutschler
Steven and Christine Nystedt, In memory of Alice Parsons
Deb and Greg Page, In memory of Alice Parsons
Kathleen Pegg, In honor of the baptism of my granddaughter, Amelia Buckley
Debra Peterson, In memory of Alice Parsons
Ann Rapp, In memory of Alice Parsons
Allison Reese, In honor of Julie Ellefson
Carol Rue, In honor of Judie Mattison
Ruth and Richard Nelson, In honor of Sandra Fuller-Thielen
Larry and Sue Savett, In memory of Nancy Olson
Joan Schoenecker and Patrick McKee, In memory of Alice Parsons
Peggy Smith, In honor of Linda and Marty Haugen
Myrtle Spielman, In memory of Alice Parsons
Ted and Patricia Stark, In memory of Alice Parsons
John Stoltenberg and Joseph Hamilton, In honor of Diane Stoltenberg and Fred Holzapfel
Anonymous, In honor of Sandra Fuller-Thielen
Gregory Wong, In honor of Gary Wert

We have made every effort to list our donors accurately. Should an error have occurred, please accept our apologies and contact Diane Cullumber at 612-721-2762 or dianecullumber@ssinc.org so that we may correct the error.
Thank you for partnering with us to nurture safe and strong futures!
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