

Southside Family Nurturing Center 2024 Annual Update

Mission

Together with families and community, we nurture children, build on family strengths and find alternatives to violence.

Program

We accomplish our mission through early intervention, partnering and relationship building. We herald a dual generation trauma informed program including 1) Therapeutic Early Childhood Education and 2) Family Support and Home Visiting.

Geographic Location & Population Served

We serve low-income BIPOC families with young children pre-natal to age five that at highest risk of long-term health and education disparities. All families live within a 2-mile radius of our center in the South Minneapolis Phillips community.

Services

Therapeutic Early Childhood Education

Children develop healthy social-emotional, physical, and cognitive skills – all related to Kindergarten readiness and successful educational and social outcomes.

- Trauma-informed program model
- Emphasis on safety and relationship building
- Intensive therapeutic programming
- On-site play, music, occupational, physical and speech therapies
- Multi-cultural environment celebrating diversity
- Dual language learning
- Low teacher-child ratios (never more than 1:5)
- Highly qualified early childhood educators
- Evidence-based, social emotional development focused curricula (HighScope & AMAZE)
- Bus transportation and healthy meals prepared onsite

Family Support and Home Visiting

Southside Family Nurturing Center pioneered dual-generation, holistic family services.

- Bi-weekly home visiting
- Bi-weekly delivery of healthy groceries to support early childhood development
- Family strengths-based model
- Self-directed goal planning
- Parenting skills development
- Parent engagement in the classroom
- Family events: shared meals and activities strengthen parent/child attachment
- Partnering with parents through support and advocacy
- Crisis intervention
- Community gardening
- Evidence-based Family Spirit home visiting curriculum

2024 Service Statistics

Families Served: 44

Family Members supported through Family Support Home Visiting Services: 200

Children age 0-5 years: 63

Children enrolled in Early Childhood Education: 47

100% of families served, live at or below 185% Federal Poverty Guidelines.

Demographics of children served in 2023 reflect the rich diversity of our community.

- Latino/Hispanic (59%)
- African Immigrant (28%)
- Native American (4%)
- African American (9%)

Outcomes / Program Accomplishments

Southside Family Nurturing Center utilizes measurable indicators of child and family achievement and program success across three outcomes areas. Below are our actual outcomes for 2023 with our goals for children and families enrolled in our program in parenthesis.

Children are Healthy

- 89% of children are up-to-date with immunizations (goal 95%)
- 81% of children complete annual well-child checkups (goal 100%)
- 100% of children consume a nutritious breakfast and/or lunch Monday-Friday (goal 95%)

Children are Ready for School

- 100% of children enrolled are assessed for developmental delays (goal 100%)
- 59% of children who were behind developmentally in one or more domain, received early intervention including occupational, speech, physical, music, or play therapy (goal 90%)
- 83% of children maintain or improve their social-emotional functioning (goal 85%)
- 63% of children showed 1 or more years of developmental process in all areas of development over 12 months (goal 85%)

Children Live in Safe, Stable, and Nurturing Environments

- 73% of families demonstrate positive, responsive parenting techniques that support children's social, emotional, cognitive, and physical development (goal 75%)
- 85% of families consistently promote their children's language development (goal 85%)
- 100% of families access community resources and referrals (goal 95%)

2024 Financials

REVENUE & EXPENSES	2024
Revenue	
United Way	\$ 105,500
Corporations and Foundations	\$ 507,350
Individuals	\$ 131,199
Church/Civic Groups	\$ 20,000
Government Funding	\$ 333,226
Donated Goods and Services	\$ 31,352
Total	\$ 1,128,627
Expenses	
Program	\$ 900,389
Management & General	\$ 214,587
Fundraising	\$ 210,341
Total	\$ 1,325,317

ASSETS & LIABILITIES	2024
Assets	
Cash	\$ 359,284
Investments	\$ 731,728
Promises to Give & Receivables	\$ 268,256
Prepaid Expenses	\$ 21,020
Land, Building & Equipment	\$ 992,546
Other	\$ 21,172
Total	\$ 2,394,006
Liabilities	
Accounts Payable	\$ 25,227
Notes Payable	\$ 203,163
Other	\$ 50,051
Total	\$ 278,441
Net Assets	
Without Donor Restriction	\$ 2,088,248
With Donor Restriction	\$ 27,317
Total	\$ 2,115,565
Total Net Assets & Liabilities	\$ 2,394,006

Leadership

2024 Board of Directors

Joy Shealer Orson, Chair

Ben Paul, Vice Chair

Jonathan Horick, Treasurer

Randy Nelson, Secretary

Zoe Brown, Board Member

Raleigh Fromstein, Board Member

Fred Herron, Board Member

Srinivas Meganath, Board Member

Key Staff

Julie Ellefson, Executive Director

Jennifer Bridges, Program Director

Diane Cullumber, Development Director

Laura Beth Landy, Finance Director

Thank you for partnering with us to nurture safe and strong futures! www.ssfnc.org

2448 18th Ave S
Minneapolis, MN 55404

612-721-2762